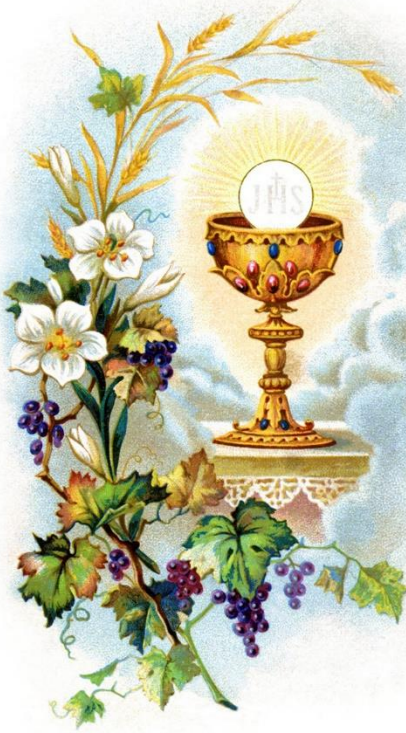




# First Holy Communion & Sacrament of Confirmation



**His Excellency Mar Joy Alappatt**

Auxiliary Bishop, St. Thomas Syro Malabar Catholic Diocese of Chicago

May 26, 2018

**St. Jude Syro-Malabar Catholic Church, Northern Virginia**



## **Holy Communion & Confirmation Recipients**

Alex Thomas Saju  
Anabel Ros Star  
Andrew Jojo  
Angela Leo  
Angelin Maria Joy  
Ann Mecherikunnel  
Iza Mariyam Paul  
Joanne Mannancheril  
Joanne Augustine  
Joslyn Rose Prasanth  
Nathan Xavier  
Nathan Pattet  
Martha Joseph  
Rebecca Felix  
Ryan Wilson  
Sasha Suman  
Savia Lily Thomas

### **Mentors**

Tomy Paul  
Rani James  
Jerin Philip  
Shyni Jojo  
Shiny Shaji  
Felix Simon  
Roslyn Tomy



## **Entrance Hymn**

Vava Yesu natha, Vava Sneha Natha  
Ha, En Hridhayam Thedidum Snehame Nee (Vava.....)

Nee Enn Pranadhan Nee Enn Sneharajan  
Ninil Ellam Enn Jeevanum Snehame (Vava.....)

Parilillithupol Vanilillithupol  
Nee Ozhinjulloranantham Chinthichidan (Vava.....)

Pookkalkilla Prabha, Then Madhuramalla  
Nee Varmbozhen Anandam Varnyamalla (Vava.....)

Aadhi Cherukilum, Vyadhi Novukilum  
Nee Arikil Ennalenikkaswasame (Vava.....)

Venda Pokaruthe, Natha NilkkenameTheerthukollam Njan  
Nalloru Poomandapam (Vava.....)

## **Welcoming the Bishop**



## Offering and Consecrating Children to the God Almighty (Parents)

Lord, Our God,/ we offer before you/ our children/ whom you have given us/ as precious gift. / Receive and make them worthy/ to receive the Holy Body and Blood/ of Your Beloved son Jesus Christ/ and anoint them with/ the power of Holy Spirit. / We value the parenthood /that we have received from you/ and offer it to you /in the form of/ worthy share of the wealth /we have received from you /as free gift/ through the talents/ you have given us./ Receive O! Lord/ make it for the greater glory/ of God the father. Amen.

Bishop: In the name of the Triune God/, I accept these children/ for the reception of sacraments. Let your worthy offerings/ bring heavens blessings/ on your family.

### Sagdīnan mār

سَاجِدِينَ مَارَ لَالَاهُوسَاخ

Sagdīnan mār lālāhūsākh

وَالنَّاشُوكَ دِلَّابُولَاغَا

walnāshūākh d'lāpūlāga

[We adore my Lord your inseparable divinity and humanity]



**Bishop:** Dear parents, having received the responsibility/ through the sacrament of matrimony/ and united with the magisterium of the Church/; have you prepared your children/ to receive the Holy body and blood of Jesus Christ/ in eucharist/ and to be confirmed in Holy Spirit?

**Parents:** With the grace of the Lord/ and the gifts we received freely from the Lord/, we have prepared our children/ for the sacraments.

**Bishop:** Dear children, are you ready to receive holy communion and to be confirmed?

**Children:** Yes, we are ready/, by learning the prayers/, and precepts of faith and morals/, with the help of our parents/ and teachers/. We want to be/ the children of Jesus.

## **Lighting of the Lamp**

**Bishop:** Let Jesus the light of the world be the light of your life and all your ways. Let your light shine before all people that they may, seeing your good works, glorify the Father in heaven.



## **Renewal of the Baptismal Promises**

**Bishop:** Do you reject Satan and all his works and all his empty promises

**Candidates: I do**

**Bishop:** Do you believe in God the Father Almighty, creator of Heaven and earth?

**Candidates: I do**

**Bishop:** Do you believe in Jesus Christ, His only Son, our Lord, who was born of the Virgin Mary, was crucified, died and was buried, rose from the dead, and is now seated at the right hand of Father?

**Candidates: I do**

**Bishop:** Do you believe in the Holy Spirit, the Lord, the Giver of Life, who came upon the apostles at Pentecost and today is given to you sacramentally in confirmation?

**Candidates: I do**

**Bishop:** Do you believe in the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting?

**Candidates: I do**



**Bishop:** This is our faith. This is the faith of the Church. We are proud to profess it in Christ Jesus our Lord

**All: Amen**  
(Blow off candles)

**Bishop:** Renewed in faith, ready to receive the Holy body and blood of Jesus, and to be confirmed in Holy Spirit; let us begin this Holy Qurbana with oneness of heart and mind.

*Holy Qurbana begins...*

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**Resurrection Hymn (Laaku Maaraa)**

ഭക്തന്മാർ ലാകു മാറാ

**Choir:**

❖ ലാകു മാറാ ഭക്തന്മാർ  
ലാകു മാറാ ദൈവമാണെന്ന് മനസ്സിലാക്കൂ;  
Laaku maaraa dkollaa maudenan

❖ ഉലാക് ഇശോ മശിഹാ മശബ്ബെൻ;  
ulaku eesho mshihaa mshabheenan

❖ ദത്തു മനാമാനാ ദപഗ്രായൻ;  
datthu mnahmaanaa dpagraayan

❖ വത്തു പാറോക്കാ താവായാ ദനപ്പാശാസൻ.  
vatthu paarokkaa thaavaa dnapshaasan



**Celebrant:**

അട്ടു ശ്വതാലു കുട്ടുകുന്ദുനു ,പുന കുന്ദുനു കുട്ടുന  
അശ്ശിഗേസു ദ്വകയായീസു ഈദൈ വെസ്കുർക്കേസു  
ലുദബഹാകു മറുയാ

Ashigesu dakyaaeesu eedy veskarkkesu imadbahaaku maryaa.

❖ لاءى مارةءى لاءى مارةءى

ലാകു മാറാ ദ്വകൊല്ലാ മൗദേനൻ;

Laaku maaraa dkollaa maudenan

❖ اولاءى اءشو مءشها مءشابهءن

ഉലാകു ഈശോ മ്ശിഹാ മ്ശബ്ബഹീനൻ;

ulaaku eesho mshihaa mshabheenan

❖ داءءو مءناهماءنا دءءراءن

ദത്തു മ്നഹമാനാ ദ്വഗ്റായൻ;

datthu mnahmaanaa dpagraayan

❖ വاءءു പാരൊകാ താവായാ ദ്വനപ്പാസൻ.

വത്തു പാരോക്കാ മാവാ ദ്വനപ്പാസൻ.

vatthu paarokkaa thaavaa dnapshaasan

**Choir:**

❖ ശുവ്ഹായാ ലാവായാ ഉലവ്റായാ വലൂറായാ ദ്വകുദീശായാ. മിൻ  
ആലം വാദമ്മായാ ല്ആലം ആമ്മേൻ വാമ്മേൻ

shuvhaa laavaa ulavraa valroohaa dkudishaa

Min aalam vaadammaa laalam aammen vaammen

❖ لاءى مارةءى لاءى مارةءى

ലാകു മാറാ ദ്വകൊല്ലാ മൗദേനൻ;

Laaku maaraa dkollaa maudenan





❖ **ഉലാക് ഇുശോ മ്ശിഹാ മ്ശബ്ബഹീനൻ;**  
 ulaaku eesho mshihaa mshabheenan

❖ **ദത്തു മ്നഹ്മാനാ ദ്പഗ്രായൻ;**  
 datthu mnahmaanaa dpagraayan

❖ **വത്തു പാരോക്കാ മാവാ ദ്നപ്ഷാസൻ.**  
 vatthu paarokkaa thaavaa dnapshaasan

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### Trisagion

## രക്ദിൻ രക്ദിൻ കന്ദീശാ ആലാഹാ

### Choir:

❖ **ആനീം കാൽകോൻ ഉശബഹ് കൊല്ലേ അമ്മാ ലാലാഹാ ഹയ്യാ.**  
 Aareem kaalkon ushabahu kolle ammaa laalaahaa hayyaa.

**രക്ദിൻ രക്ദിൻ**  
 കന്ദീശാ ആലാഹാ  
 Kandeeshaa aalaahaa

**ഹിൾസാ രക്ദിൻ**  
 കന്ദീശാ ഹൈൽസാനാ  
 Kandeeshaa hylsaanaa

**ലായോസാ രക്ദിൻ**  
 കന്ദീശാ ലാ മായോസാ  
 Kandeeshaa laa maayosaa



എസ്രാഹാം അലെയ്ൻ  
 Esraaham aleyñ

**Celebrant:**

ശുവ്ഹാ ലാവ്വാ ഉലവ്വ്വാ വല്റൂഹ്വാ ദ്കുദീശ്വാ  
 Shuvhaa laavaa ulavraa valroohaa dkudishaa

കന്ദീശ്വാ അലാഹ്വാ  
 Kandeeshaa aalaahaa

കന്ദീശ്വാ ഹില്സാണാ  
 Kandeeshaa hylsaanaa

കന്ദീശ്വാ ലാ മായോസാ  
 Kandeeshaa laa maayosaa

എസ്രാഹാം അലെയ്ൻ  
 Esraaham aleyñ

**Choir:**

മിൻ ആലം വാദമ്മാ ല്ആലം ആമ്മേൻ വാമ്മേൻ  
 Min aalam vaadammaa laalam aammen vaammen

കന്ദീശ്വാ അലാഹ്വാ  
 Kandeeshaa aalaahaa

കന്ദീശ്വാ ഹില്സാണാ  
 Kandeeshaa hylsaanaa



കന്ദേശ്ശാ ലാ മായോസാ

കന്ദീശാ ലാ മായോസാ

Kandeeshaa laa maayosaa

എസ്രാഹം അലെയ്ൻ

എസ്രാഹം അലെയ്ൻ

Esraaham aleyn

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## Readings

### First Reading: (Tony Augustine)

*My Brothers and Sisters, A reading from the book of Isaiah, Chapter 60, Verses 1 to 6*

*Bless me my Lord*

“Rise up in splendor. Your light has come, the glory of the Lord shines up on you. See, darkness covers the earth, and thick clouds cover the peoples, but up on you, the Lord Shines and over you, appears his glory. Nations shall walk by your light, and kings by your shining radiance. Raise your eyes and look about, they all gather and come to you. Your sons come from afar and, your daughters in the arms of their nurses.

Then you shall be radiant at what you see, your heart shall throb and overflow, for the riches of the sea shall be emptied out before you, the wealth of nations shall be brought to you. Caravans of



camels shall fill you, dromedaries from Midian and Ephah, all from Sheba shall come bearing gold and frankincense and proclaiming the praises of the Lord.”

**ALL: Praise be to the Lord, Our God**

**Second Reading: (Iza Mariyam Paul)**

*My Brothers and Sisters, A reading from the Acts of Apostles,  
Chapter 2: Verses 1-13,  
Bless me my Lord*

“When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim.

Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language. They were astounded, and in amazement they asked, “Are not all these people who are speaking Galileans?” Then how does each of us hear them in his own native language? We are Parthians, Medes, Elamites, inhabitants of Mesopotamia, Judea, Cappadocia, Pontus and



Asia, Phrygia and Pamphylia, Egypt and the districts of Libya near Cyrene, as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God.” They were all astounded and bewildered, and said to one another, “What does this mean?” But others said, scoffing, “They have had too much new wine.”

**ALL: Praise be to Christ, Our Lord**

**Third Reading: (Nathan Pattet)**

*My Brothers and Sisters, A reading from St. Paul’s first Letter to the Corinthians. Chapter, 11, verses 23-26*

*Bless me my Lord*

“For I received from the Lord /that which I also delivered to you /that the Lord Jesus /on the same night in which He was betrayed took bread/ And when He had given thanks,/ He broke it and said, “Take ,eat, this is My body /which is broken for you: /do this in remembrance of Me”./ In the same manner He also took the cup /after supper , /saying ”This cup is the new covenant in My blood,/ This do, as often as you drink it,/ in remembrance of Me” /For as often as you eat this bread and drink this cup, /you proclaim the Lord’s death till he comes.”

**ALL: Praise be to Christ, Our Lord**



## Gospel-Homily

# Confirmation

**Con-Celebrant:** Lord Almighty God, we humbly pray to you. Fill these children with your spirit. May they grow up to the plentitude of Christian Life. May they be strengthened not to forget You in prosperity, and to seek You out in adversity. Bless them to bear strong witness to You in Life, and then after death, find the bliss of eternal happiness. Father, Son and the Holy Spirit, forever  
Amen.

**Bishop:** By Your grace, may they be blessed to live a life undefiled. We offer praise, honor, and worship to You, to Your beloved Son, and to the Holy Spirit. Now always and forever  
(Blesses the candidate)

**Con-Celebrant:** Dear sisters and brothers, let us all invoke the power of the Holy Spirit in this Holy place; standing and singing together with these children, who are going to be confirmed with the anointing of the Holy Chrism.



## Hymn to the Holy Spirit

*Parishuthaalmaave neeyezhunnally  
varanameyente hrudayathil  
divya dhaanagal chinthiyennullil  
daiva sneham nirakkane  
Swargavaathil thurannu bhoomiyil  
nirgalikkum prakashame ( Swarga- - )  
andhakaara virippu maattidum  
Chanthamerunna deepame  
kezhu malvailasha veeshunna  
mohana divya gaaname ( Parishu-- )*

*Vindunangi varanda maanasam  
kanda vinnin thadaakame ( Vindu- - )  
manthamayi vannu veeshiyaanandam  
thanna ponniam thennale  
rakthasakshikal aanjupulkia  
punnya jeevitha paatha nee ( Parishu- - )*

**Con-Celebrant:** Dear Brothers and Sisters, the Celebrant begins to sign these children with plentitude of the grace of the Holy Spirit. In preparation, he now prays for himself, staying devout and diligent. Let us pray in silence.

**Bishop:** Lord, Almighty God, we thank You for the infinite mercy by which You sent the Holy Spirit upon the apostles and strengthened them. You shower the Church with the gift of the



Holy Spirit, through the imposition of hands by the apostles and their successors. Make me, O, Lord, your humble servant, worthy to administer this gift to the child, Father, Son and Holy Spirit, forever

**Amen**

## **Imposition of Hands**

**C:** God our Father, you have granted us, through baptism, new birth, membership in the Mystical body of Christ, and title to eternal life. Sign these servants with the promised spirit and give them the Spirit of filiation that they may call you Abba, Father. Empower them, being filled with the divine Spirit, through the imposition of hands, to live as a brave soldier, bearing witness to the Gospel, and as a loyal servant of the Church. May they be filled with fruits of the Holy Spirit; love, peace, happiness, patience, kindness, goodness, fidelity, meekness and self-control. By Your grace, may they be blessed to live a life undefiled. We offer praise, honor and worship to You, and to Your beloved Son, and to the Holy Spirit. Now, always and forever.

*(+ blesses the candidate)*

**Amen.**





## Anointing

**Bishop:** (Name) Having been baptized, is now **perfected and confirmed**, IN THE NAME OF THE FATHER, AND OF THE SON AND HOLY SPIRIT.

**Amen**

## Karosusa

**Let us all stand together with joy and hope and pray “Lord, hear our prayer”**

1. **(Martha Joseph):** Let us pray with / confidence and trust in the Lord,/ for all the children who were confirmed / in Holy Spirit and are prepared to receive Holy Eucharist./ Make each of us always grateful/ to experience Faith, Love and Hope / in the encounter with our Lord Jesus/ in Holy Communion. / Let us pray to the Lord

**Response: Lord hear our prayer**

2. **(Nathan Pattet):** We pray for all the faithful, / that we may give witness everywhere / to Christ our Lord / by the fragrance of our devout lives,/ rooted in the virtues of / prudence, justice, fortitude and Temperance; / Let us pray to the Lord

**Response: Lord hear our prayer**



3. **(Ryan Wilson):** Lord, we thank you / For the Gift of Wisdom/ Let us despise the perishable things /and aspire only those are eternal, / Let us pray to the Lord

**Response: Lord hear our prayer**

4. **(Angela Leo):** Lord, we thank you; / For the Gift of Understanding;/ Do enlighten our mind/ with the light of Thy divine truth, / Let us pray to the Lord

**Response: Lord hear our prayer**

5. **(Andrew Jojo):** Lord, we thank you; / For the Gift of Counsel; / Bless us always to choose / the surest way of / pleasing God and gaining Heaven./ Let us pray to the Lord

**Response: Lord hear our prayer**

6. **(Angelin Maria Joy):** Lord, we thank you; / For the gift of Fortitude that / we may bear our cross with Thee,/ and that we may overcome/ all the obstacles that oppose our salvation; / Let us pray to the Lord

**Response: Lord hear our prayer**



7. **(Alex Thomas Saju):** Lord, we thank you;/ For the gift of Knowledge / that we may know eternal truths / and know ourselves and share it to the world./ Let us pray to the Lord

**Response: Lord hear our prayer**

8. **(Joanne Augustine):** Lord, we thank you; / For the gift of Piety / that we may find the service of God / as sweet and amiable, / Let us pray to the Lord

**Response: Lord hear our prayer**

9. **(Sasha Suman):** Lord, we thank you; / For the gift of Fear of God / that we may be filled with a loving reverence / towards God and God's presence, / and may dread in any way / to displease Him. / Let us pray to the Lord

**Response: Lord hear our prayer**

10. **(Nathan Xavier):** We pray for our/ Holy Father Pope Francis, /Cardinal Mar George Alenchery, /Mar Jacob Angadiath, / Mar Joy Alappat / all our priests and deacons, / religious sisters, brothers, / especially for our vicar Fr. Justin / and all the priests who are here gracing/ the occasion of our special day. / Shower Your abundant blessings on them / so that they can lead a holy and virtuous life. / Let us pray to the Lord

**Response: Lord hear our prayer**



11.**(Rebecca Felix):** We pray for our CCD team, / teachers and mentors / who have loved, and guided us /on our journey of faith/ and bring us closer to you; /also for our parents, Godparents, /Grandparents and relatives/ on this blessed day. / May Holy Spirit guide all of them /to lead us to Jesus always./ Let us pray to the Lord

**Response: Lord hear our prayer**

12.**(Joanne Mannancheril):** For our loving community, /leaders and ministries of this community, /that the Holy Spirit / continues to guide us / to fulfill the dream of becoming / a Eucharistic Community / and witness to Your Name and Your Word / Let us pray to the Lord

**Response: Lord hear our prayer**

13.**(Joslyn Rose Prasanth):** Lord we pray for our nation/ and the people of the world / that all may discern / the value of the GIFT of LIFE / and deny and all activities/ such as abortion, war, Euthanasia, / racial and sexual discriminations, environmental corruptions,/ Religious terrorism and genetical manipulations./ Let us pray to the Lord

**Response: Lord hear our prayer**

14.**(Iza Mariyam Paul):** Lord God, / make us bloom in the world / with the fruits of charity, joy,/ peace, patience,



benignity,/ goodness, longanimity, mildness, / faith, modesty, continency, /and lead a chaste and holy life/ unto our death. / Let us pray to the Lord

**Response: Lord hear our prayer**

15. **(Ann Mecherikunnel):** Lord , Open our eyes and ears/ to attend to You in the lives of those/ in poverty and misery/ and are exploited and persecuted./ Let us pray to the Lord

**Response: Lord hear our prayer**

16. **(Anabel Ros Star):** Lord God, / We pray for the salvation of the world; / Grant Mercy to all souls that turns away from You; / Open their hearts and minds with Your light that they may know you and accept you as their God; / Let us pray to the Lord

**Response: Lord hear our prayer**

17. **(Savia Lily Thomas):** Lord God, / we pray for all those who have lost catholic faith; / Lord, help them back to the practice of the Faith;/and remove all obstacles that prevent them from receiving your abundant mercy; /which flows sacramentally through the heart of Your Holy Catholic Church;/ Let us pray to the Lord

**Response: Lord hear our prayer**



**Let us commend ourselves and one another to the Father, to the Son, and to the Holy Spirit.**

**Bishop:** Lord God, may the lifegiving sign and the fullness of the grace of the Holy Spirit that they have received, the new life they have begun, and the armor of justice they are wearing, shield them from the enemy's harm. May they be blessed to exude the divine fragrance of Christ in their lives. Let them receive the Holy body and blood of your son with pure hearts and earnest desire. Now always and forever. **Amen**



## അമ്മേ ഞങ്ങളുടെ ആവുൻ ദിവ്യശ്ലയാ Awūn d'waśmayyā (Our Father)

അമ്മേ ഞങ്ങളുടെ ദൈവം \* നീയെപ്പോലെ നമുക്കു നീക്കി \* നീയെപ്പോലെ നമുക്കു നീക്കി \*  
\* നീയെപ്പോലെ നമുക്കു നീക്കി \*  
നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \*  
\* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \*  
\* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \* നീക്കി \*

**Awūn d'waśmayyā**  
ആവുൻ ദിവ്യശ്ലയാ  
*Our Father in Heaven*

**Netqandaś śmāk tēte malkuṭāk w'nehwe**  
നെസ്സവനെസ് ശ്ലാക് തെസേ മൽകുസാക്. നെഹ്വേ  
*Hallowed be thy name, thy kingdom come*



**Sewyānāk aykannā d'waśmayyā āp bar'ā**

സെവ്യാനാക് ഐക്കന്നാ ദ്വശ്മായ്യാ ആപ് ബർആ  
*Thy will be done also on earth as it is in heaven*

**Haw lan lahmā d'sunqānan yawmānā**

ഹവ് ലൻ ലഹ്മാ ദ്സുന്ഖാനൻ യൗമാനാ  
*Give us today the bread we need*

**Waśwōq lan Hāwbayn wahthāhayn**

വശ്വോക് ലൻ ഹൗബൈൻ വഹ്ഥാഹൈൻ  
*Pardon us our debts and sins*

**Aykannā d'āp hanan śwaqn l'hayyāwayn**

ഐക്കന്നാ ദാപ് ഹനൻ ശ്വഖൻ ല്ഹയ്യാവൈൻ  
*As we have pardoned our debtors*

**W'lā tayelayn l'nesyonā**

ഉലാ താലൻ ല്നെസ്യോനാ  
*Do not allow us to enter into temptation*

**Ellā passān min bīsā**

എല്ലാ പസസാൻ മിൻ ബീശാ  
*but deliver us from the wicked one*

**Methol d'dīlāk yi malkūṭā w'haylā w'teśbohtā**

മെഥോൽ ദ്ദീലാകി മൽകൂസാ ഉഹൈലാ ഉതെശ്ബോഹ്ത്താ  
*For thine is the kingdom, power and glory*

**L'ālam ālmīn āmēn.**

ല്ആലം അൽമീൻ ആമ്മേൻ.  
*for ever, amen.*



## Communion Song

ദിവ്യകാരുണ്യം കൈക്കൊള്ളും നേരം  
 ഉള്ളിനുള്ളിലെൻ ഈശോ വന്നല്ലോ  
 സ്നേഹം ക്രൂശിൽ ബലിയായി അലിവായി  
 സ്തുതുകൾ പാടും നാവിൽ ഈശോ തേൻ കണമായി (2)  
 (ദിവ്യകാരുണ്യം ... )

കുഞ്ഞുനാളിൽ ഉള്ളിൽ ഈശോ വന്നെൻ  
 നാവിൻ തുമ്പിൽ സ്നേഹം വാഴ്ത്തി മെല്ലെ (2)  
 ഈശോയെ നിൻ നെഞ്ചിൽ ചേരുന്ന  
 കുഞ്ഞാടാകാൻ എന്നും പ്രാർത്ഥിച്ചു  
 സ്നേഹം പകരും ഹൃത്തിൽ ദൈവം വാണിടുന്നു (2)  
 (ദിവ്യകാരുണ്യം ... )

ആത്മാവിൽ നീ സദയം വന്നീടിലേ  
 ആരാധിക്കാൻ എന്നും അങ്ങേ നാമം  
 ഈശോയെ എന്നും വാഴുന്ന  
 സക്രാരിയായി ഉള്ളം നേദിക്കാൻ  
 സൗഖ്യം പകരാൻ ഹൃത്തിൽ ദൈവം വാണിടുന്നു (2)  
 (ദിവ്യകാരുണ്യം)





## Prayer after receiving The Holy Communion

**Leader (Martha Joseph):** Christ has no body on earth now but ours: no hands but ours, no feet but ours.

**L:** Ours are the eyes

**R:** through which Christ's compassion/is to look upon the world.

**L:** Ours are the feet

**R:** with which he is to go about doing good.

**L:** Ours are the hands

**R:** With which he is to bless others now

**Let us pray:**

**L:** Lord Jesus,

**L:** I give you my hands **R:** to do your work.

**L:** I give you my feet **R:** to go your way.

**L:** I give you my eyes **R:** to see as you do.

**L:** I give you my tongue **R:** to speak your words.

**L:** I give you my mind **R:** that you may think in me.

**L:** I give you my spirit **R:** that you may pray in me.

**L:** Above all, I give you my heart **R:** that you may love, in me, your Father and all mankind.

**L:** I give you my whole self **R:** that you may grow in me, so that it is you, Lord Jesus, who live and work and pray in me.  
Amen.

**Vote of thanks: Rebecca Felix**



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## **Blessing and Investiture of the Scapular of Our Lady of Mount Carmel**

**Bishop:** Lord Jesus Christ, Savior of the human race, sanctify by Thy power these scapulars and rosaries, which for love of Thee and for love of Our lady of Mount Carmel, Thy servants will wear devoutly, so that through the intercession of the same Virgin Mary, Mother of God, and protected against the evil spirit, they persevere until death in Thy grace. Thou who lives and reigns world without end. Amen.

### ***Bishop sprinkles holy water***

Receive this blessed Scapular and rosary; and beseech the Blessed Virgin that through Her merits, you may wear it without stain. May it defend you against all adversity and accompany you to eternal life. Amen.

### ***Bishop invests children with Rosaries and Scapulars***

***After the investiture the bishop continues with the prayers***



I, by the power vested in me, admit you to participate in all the spiritual benefits obtained through the mercy of Jesus Christ by the Religious Order of Mount Carmel. In the name of the Father and of the Son and of the Holy Spirit. Amen.

May God Almighty, the Creator of Heaven and earth, bless you, He who has consented to join you to the confraternity of the Blessed Virgin of Mount Carmel; we beseech Her to crush the head of the ancient serpent so that you may enter into possession of your eternal heritage, through Christ our Lord. The grace of our Lord Jesus Christ, the love of God the Father and the fellowship of the Holy Spirit be with us all, now, + always and forever. Amen.

## **Prayer to The Blessed Virgin Mary**

(Children repeats after con-celebrant)

O Mary,/Mother and Virgin,/we have just received your son/  
whom you held in your arms./Together with Jesus,/ we offer  
ourselves to you./ Be our mother and take us under your  
protection./ Help us to love Jesus more and more./ Help us to be  
pure in body and soul./ We ask you to pray for us so that we may  
grow in grace./ Do not leave us until you see us safe in heaven./  
Amen



*(Children place candles before our lady)  
All sing the song Nanmanerum Amma  
(Group photo, family photo sessions followed by reception)*

## **Nanmanerum Amma**

Nanma nerum amma Vinnin rajakanya  
Dhanya sarva vandhya Meri lokamatha

Kannilunniyakum Unniyeshu thante  
Ammayaya meri Mari lokamatha

Mathave mathave Mannin deepam neeye  
Neeyallo neeyallo Nithya snehadhara

Kumbil neetum kayil Sneham thookum matha  
Karunyathi natha Mari lokamatha

Pavangal pithangal Param kooppi nilpoo  
Snehathin kanneeral Pookal choodi nilpoo

Ashaa pooram neeye Asraya haram neeye  
Parin thaya neeye Meri lokamatha.



## **Prayer after receiving The Holy Communion by St. Padre Pio**

Stay with me, Lord, for it is necessary to have You present so that I do not forget You. You know how easily I abandon You. Stay with me, Lord, because I am weak and I need Your strength, that I may not fall so often.

Stay with me, Lord, for You are my life and without You I am without fervor.

Stay with me, Lord, for You are my light and without You I am in darkness.

Stay with me, Lord, to show me Your will.

Stay with me, Lord, so that I hear Your voice and follow You.

Stay with me, Lord, for I desire to love You very much and always be in Your company.

Stay with me, Lord, as poor as my soul is I want it to be a place of consolation for You, a nest of Love.

Stay with me, Lord, for it is You alone I look for, Your Love, Your Grace, Your Will, Your Heart, Your Spirit, because I love You and ask no other reward but to love You more and more.

With a firm love, I will love You with all my heart while on earth and continue to love You perfectly during all eternity. Amen.

## **THE BROWN SCAPULAR OF OUR LADY OF MT. CARMEL: OUR LADY'S GREAT PROMISE**

On July 16, 1251, in Aylesford, England, the Blessed Virgin appeared to St. Simon Stock. She was dressed in the Habit of the Carmelite Order with her infant Son in her arms. Taking the Scapular in her right hand, she gave it to him saying,

“RECEIVE, MY BELOVED SON, THIS SCAPULAR. WHOSOEVER DIES WEARING THIS SCAPULAR SHALL NOT SUFFER ETERNAL FIRE .... IT SHALL BE A SIGN OF SALVATION, A PROTECTION IN DANGER AND A PLEDGE OF PEACE.”

For over 700 years, the Brown Scapular of Our Lady of Mt. Carmel has been one of the most precious gifts and highly-indulged Sacramentals of our Church. It is more than that, however; it is in reality a garment, given to us by Our Blessed Mother which makes us her special children. Blessing and clothing with the Scapular of the 'Blessed Virgin of Mt. Carmel' enrolls the individual in the Scapular Confraternity and admits him to a share in all the spiritual works performed by the Religious of Mount Carmel.

At Fatima, Portugal on October 13, 1917, Mary appeared as Our Lady of Mt. Carmel, holding the Brown Scapular in her hand. Years later, Lucia, the remaining seer of Fatima, said that “Our Lady wants all to wear the Scapular as their sign of Consecration to Her Immaculate Heart.”

### **THE SABBATINE (OR SATURDAY) PROMISE**

In 1322, Our Lady appeared to Pope John XXII and made another promise for those who wore her Scapular faithfully, practiced Chastity according to their state in life, and said certain prayers known as the “LITTLE OFFICE”\*: “I, THE MOTHER OF GRACE, SHALL DESCEND ON THE SATURDAY AFTER THEIR DEATH AND WHOMSOEVER I SHALL FIND IN PURGATORY, I SHALL FREE.”

\*NOTE: The ROSARY may be substituted for the LITTLE OFFICE when permission is obtained from a priest.

REMEMBER, ALL PRIESTS HAVE THE FACULTY TO ENROLL PEOPLE IN THE BROWN SCAPULAR OF OUR LADY OF MT. CARMEL.

INVESTITURE IS NECESSARY FOR THE SABBATINE PROMISE OR PRIVILEGE.



All are welcome to take this booklet as a memento  
of this Holy occasion for your home.

**St. Jude Syro-Malabar Catholic Church**  
[St. Thomas Syro-Malabar Catholic Diocese of Chicago]  
6720, Union Mill Road, Clifton, VA 20124

